



## WHAT TO DO

### All participants must:

1. Wear gloves and closed-toe shoes. Gumboots are not recommended.
2. Use eye protection and take care of fingers when malleting in stakes.
3. Pick up rubbish within the survey area and put it into the rubbish sacks.
4. Take survey rubbish back to the audit location. Take care not to mix with general rubbish until the audit is complete.
5. Follow rules around hazardous objects detailed in the section below and also refer to your resource pack for specific instructions on handling sharps, asbestos, and sanitary items.

## SAFETY WITH RUBBISH

- **Do not pick up asbestos.** See photo provided and refer to refer to Asbestos Awareness sheet.
- **Only adults are to deal with syringes** / medical sharps. These are to be put into the sharps container provided in the health and safety backpack.
- **Only adults are to handle hazardous waste**, such as fishing hooks and lures, broken glass, sanitary waste (nappies / diapers, condoms, tampons), industrial waste, car batteries etc. See Sanitary Items Handling Procedure in your resource pack for more details.
- **Do not pick up natural / biodegradable waste.** Wood, if it has been modified or treated, is to be included in the audit. Be aware of splinters.
- **If any animals / marine creatures are found caught in rubbish**, inform DOC as soon as possible on 0800 HOTDOC (0800 362 468). Please do not approach distressed/wild animals.
- **If an item of rubbish is too heavy / large to move**, please make a note in the technology platform ([app.litterintelligence.org](http://app.litterintelligence.org)) and contact your local council for proper removal.

- **Be careful when sieving rubbish.** Wear safety glasses to avoid getting sand in your eyes.
- **Wash and sanitise your hands** after clean-up and before eating.

## SAFETY ON THE COAST

- Always undertake the survey as a team (minimum of two people).
- Plan to conduct your survey at low tide – tides can rise quickly! For tide times, visit [linz.govt.nz/sea/tides/tide-predictions](http://linz.govt.nz/sea/tides/tide-predictions)
- Avoid setting up your survey area in potentially hazardous areas such as muddy, slippery, or extremely uneven terrain or below unstable cliffs.
- Always look where you are walking when measuring out your survey area with the tape measure.
- Do not run or attempt to pick up rubbish while moving.
- Do not enter the water.
- Do not touch pest-control units / traps.
- Do not enter fenced or roped-off dune restoration areas and obey all official beach notices.
- If you feel uncomfortable, don't continue. Let your survey lead know.
- If the site is not within cellphone reception, make sure you have another form of communication to call for help if required. This could be:
  - Leaving your intentions (GPS point of your destination and expected return time) with family/ close friends, your Sustainable Coastlines contact or your local police / DOC office.
  - Making sure at least two of your team can drive / walk to the nearest cell-reception area if necessary.
  - Having a satellite phone, two-way radio, or personal locator beacon (PLB). Talk to your Sustainable Coastlines contact who will ensure you have access to a PLB if required. Or visit [locatorbeacons.co.nz/hireoutlets](http://locatorbeacons.co.nz/hireoutlets)

## EMERGENCY PROCEDURES

For injuries and incidents requiring first aid beyond your team's capability, call 111 immediately. DO NOT MOVE ANYONE with possible spine/neck injury unless they are in further danger.

- Do not compromise your safety to assist someone else.
- VHF Channel 16 is monitored by the Coastguard for emergencies.

Use PLBs to contact emergency services when relocation is made too risky / impossible due to terrain or severity of injury. Do not hesitate to set it off if lives are in danger.



Asbestos

**Extreme caution**



Sharps

**Extreme caution**



Bee / wasp nests

**Keep away**



Nesting birds

**Keep away**



Coastal terrain

**Walk with care**



**Wear proper H&S gear**